ORIGINAL RESEARCH

Effect of Resilient Liner on Peri-implant Structures in Early Loading Ball and Socket Implant Supported Overdentures

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ABSTRACT

Background: The effects of fiber-reinforced acrylic base liner on peri-implant structures in early loading implant-supported overdenture are not thoroughly investigated. Hence, the aim to this study was to evaluate the effect of fiber-reinforced acrylic denture base resin liner on clinical and radiographic parameters in early loading implant supported overdentures.

Materials and methods: Fifteen edentulous male patients, aged 50–60 years were randomly (lottery method) classified into two groups: group I (controls, n = 5) having 4 ball and socket implants without resilient liner, group II (study group, n = 10) having ball and socket attachments with resilient liner. Group II was further divided into two subgroups: subgroup A (n = 5) having 2 ball and socket implants with resilient liner and subgroup B (n = 5) having 3 ball and socket implants with resilient liner. Implant mobility, implant survival, sulcular depth around the implant and bone height were evaluated every 3 months for 1 year. General linear models were used to test the difference in the mean crevicular depth and mean bone height (ratio) around implants in both groups during the follow-up periods. Statistical significance was determined at $\alpha = 0.05$.

Results: No mobility was reported and the implant survival was 100%. There was an increase in the mean crevicular depth around implants in both groups at different time intervals. The increase was higher in group II (p < 0.05). There was a decrease in the mean bone height around the implants in both groups at different time intervals; however, this difference was not statistically significant (p > 0.05).

Conclusion: Furthermore, the number of implants had no significant role in the success or failure of the implant-supported overdentures.

Keywords: Implant-supported, Liners, Overdentures, Reinforced acrylic resin.

World Journal of Dentistry (2019): 10.5005/jp-journals-10015-1670

Introduction

Use of dental implants in full-mouth restorations is now a well-accepted treatment modality with numerous modifications and implant systems. When implants are considered, treatment plans usually range from a two-implant overdenture to a completely implant-supported prosthesis. It has been reported that for implants to become osseointegrated, they must heal in the absence of functional loading for a period of 4–6 months.^{1,2}

Until now, clinicians are trying to address patient comfort and functional requirements during the healing period. To address these needs, the concept of using transitional implants was introduced to support an interim prosthesis or used as temporary abutments for permanent overdentures.^{1–3}

The use of transitional implants addressed patients' needs of comfort and relative function during the healing period, but rapid mobility of some transitional implants was reported and the second stage of surgery for the implant's exposure still considered time consuming and patients do not prefer adding another surgical intervention. Therefore, the concept of immediate loading of implants was introduced in the dental field. Regardless of the technique used, the implants and attachment occupy space that would otherwise be filled with denture resin in a conventional denture. The result is either a denture that is thinner than normal and therefore susceptible to fracture or a bulky denture that may interfere with the tongue and speech. To avoid these unfavorable occurrences, reinforcement to the acrylic resin overdenture while allowing for natural contours of the denture resin is performed.

A key factor for the success or failure of dental implants is the manner in which stresses are transferred to the surrounding bone. ^{5,6,10} Resilient denture liners are increasingly used with dental Department of Maxillofacial Prosthodontics, King Abdulaziz University, Jeddah, Kingdom of Saudi Arabia

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How to cite this article: Mously HA. Effect of Resilient Liner on Perimplant Structures in Early Loading Ball and Socket Implant Supported Overdentures. World J Dent 2019;10(5):335–339.

Source of support: Nil
Conflict of interest: None

implants for retention.^{7,8} When used as a method of retention for implant-retained overdentures, these liners are wear-resistant, partially obturate undercuts, absorb energy, distribute masticatory forces to the implants and edentulous ridge, and provide greater latitude of movement and comfort to the patient.⁷⁻⁹

The data on the effects of fiber-reinforced acrylic base liner on early loading implant-supported overdenture are still limited. Hence, this study was designed to evaluate the effect of fiber-reinforced acrylic denture base resin liner on clinical and radiographic parameters in early loading implant-supported overdentures.

MATERIALS AND METHODS

Study Design and Study Population

A comparative clinical trial was conducted on 15 edentulous male patients, aged 50- to 60-year-old, who reported to the Department of Prosthodontics at private dental center in Jeddah city, Saudi Arabia. All of these patient were in need for maxillary and mandibular complete dentures.

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Ethical Approval and Informed Consent

The ethical approval was obtained from the Institutional Review Board of Magrabi Hospital (reference #101/Z). Written informed consent was obtained from all participants after explaining to them the risks and benefits of the study in the local language. The participants were informed that they could withdraw from the study at any time.

Selection of the Study Participants

Inclusion Criteria

- Old denture wearers.
- Complaint of lower denture loosening due to resorption of bone.
- No history of any systemic diseases that may influence bone resorption or complicate surgery.
- Good psychological condition to accept the work.
- Class I Angle's classification.
- Inter-arch space to accommodate for overdenture with attachment systems.
- Non-smokers.

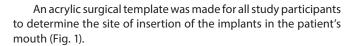
Study Groups

Patients were randomly (lottery method) classified into two groups:

- Group I (control; n = 5)—four ball and socket implants without resilient liner.
- Group II (study group; n = 10)—ball and socket implants with resilient liner. Group II was further divided into two subgroup:
 - Subgroup A (n = 5)—two ball and socket implants with resilient liner.
 - Subgroup B (n = 5)—three ball and socket implants with resilient liner

Study Protocol

The complete medical and dental history of the study participants was recorded. Intra-oral examination was conducted visually and digital palpation to detect any signs of infection, inflammation, or any other abnormalities. Panoramic radiographs were used to detect any pathosis, mental nerve position, bone height, infection, remaining roots, and the position of the mandibular canal. The old denture was examined for any corrections to be used temporally after implant insertion.



Surgical Phase

The instruments were grouped into two groups: the first one was used for the tissue punch to excise the overlying soft tissue eliminating the need for flap elevation. The second one was used for bone preparation for implant insertion, it included high torque contra angle hand piece and special kit for implant insertion. All the instruments were autoclaved.

The patients were asked to take ampicillin (500 mg) 2 days before the procedure. Each patient was given a calmpam 1.5 mg 12 hours before surgery. The oral cavity was rinsed with 0.2% chlorohexidine before surgery. The skin surrounding the oral cavity was rubbed by 0.2% chlorohexidine solution and then by 70% alcohol.

Bilateral mandibular nerve block and mental nerve infiltration were administered to the patient. A tissue puncher was used to punch out 0.4 mm hole in the mucosa. The crest of the ridge was exposed; and thin ridge was flattened slowly to give broad surface for the insertion of the fixture. Acrylic template was used as a guide for the implant insertion sites. The implant site was prepared using a 2 mm followed by 2.5 and 3.5 mm diameter drills. The speed of drilling did not exceed 2,000 revolutions/minute, to a depth of 10 mm from the crest of the ridge. The implant was hand driven at its site and rotated until it reached its possible depth. The implant was threaded until its final depth with the implant flushed with the bone surface using a special key (Figs 2 to 4). After removing of the insertion tool from the implant, the socket was placed on its ball to act as gingival former during the healing period. The patient was instructed to take antibiotic and analgesic (penicillin, 500 mg gid and catafast-dispersible powder 50 mg, Pfizer.) for five days after surgery. The patient was asked to have soft diet and for 7 days postoperatively.

Prosthetic Phase

Two weeks after the insertion of the implants, gingival formers were removed from the patient's mouth and replaced by the ball abutments. Construction of maxillary and mandibular complete dentures was completed following conventional methods. For group II, the lower denture was relieved in the area of the



Fig. 1: Transparent acrylic resin template



Fig. 2: Intraoral view of two ball attachments





Fig. 3: Intraoral view of three implants in position



Fig. 5: Fitting surface of the denture with the female part of ball attachment

attachments. The space that was relieved was filled with self-cure acrylic. The denture was inserted in the patient's mouth until the self-cure acrylic resin was polymerized while the patient was guided to bite in centric occlusion (indirect packing of the socket). After polymerization, the lower denture was removed from the patient mouth and excess material was removed from the fitting surface of the lower denture. The excess material was removed to prevent resilient attachment of the implant to be rigid (Fig. 5). Relevant post-insertion instructions were given to patients.

Follow-up

Follow-up records were made at the time of implant insertion and every 3 months for 1 year.

Evaluation Parameters

Clinical Evaluation

- Implant mobility—according to small 10 mobility of the implants were tested digitally by using two-hand instruments in buccolingual and mesiodistal directions. Mobility scores used for mobility evaluation were:
- Firm with no delectable movement with light pressure.
- Movement above 0–0.5 mm.
- Movement above 0.5-2.0 mm.
- · Movement of more than 2 mm.



Fig. 4: Intraoral view of four implants in position

 Measuring the sulcular depth: using the William's graduated periodontal probe, the sulcular depth was measured for the implant from the midbuccal-midlingual-midmesial-middistal surfaces and the mean of every implant was recorded.

Radiographic evaluation: to evaluate the level of bone around the implant mesially and distally.

Bone height changes were measured as the ratio between the changeable measure [distance between the implant crestal bone (ICB) and mandibular inferior border (MIB) at both the right and left sides] divided by fixed measures [distance between the implant bottom (IB) and MIB].

Implant bone ratio = distance between ICB and MIB/distance between IB and MIB.

Every implant was expressed in the data analysis by one reading representing the mean of the mesial and distal bone level. The success or failure rate was considered for the number of implants.

Statistical Analysis

The data were analyzed using SPSS V.14.0 software (IBM Statistics, SPSS, Chicago, USA). General linear models were used to test the difference in the mean crevicular depth and mean bone height (ratio) around implants in both groups through the follow-up periods. Statistical significance was determined at $\alpha = 0.05$.

RESULTS

Forty-five screw osseointegrated implants were installed in completely edentulous lower jaw opposing completely edentulous maxillary ridges for 15 patients and were followed up clinically and radiographically every 3 months for a year. The implants were early loaded by mandibular overdentures. Patients were classified into two equal groups. Implants of group I were the reinforced overdenture retained by ball and socket attachments without resilient liner while that of group II were the reinforced overdenture retained by ball and socket attachments using resilient liner.

Clinical Findings

Implant Mobility

There was no sign of mobility of the implants.

Implants Survival Rate

All implants were functioning all over this 1-year study, so the survival rate of the implants used was 100% from the clinical perspective.

Crevicular Depth Changes

It was found that there was an increase in the mean crevicular depth around implants of both groups at different time intervals. The increase was higher in group II (Table 1). The statistical analysis showed that the differences between groups were significant where $p=0.028^*$ (F=15.861 at p<0.05). It also showed that the differences between the time intervals were highly significant where $p=0.014^{**}$ (F=23.500 at p<0.05) (Table 2).

Peri-implant Bone Changes

It was observed that there was a decrease in the mean bone height around the implants of both groups at different time intervals. The decrease was higher in group II (Table 3). The statistical analysis showed that the differences between the groups were not significant, p=0.235 (F=2.197) and it also showed that the differences between the time intervals were highly significant where p=0.02 (F=17.307) (Table 4).

Table 1: Mean crevicular depth (mm) around implants in both groups through the follow-up periods

	Time/month			
Group	0	3	6	12
T	1.00	1.13	1.25	1.75
II	1.25	1.38	1.63	1.83

 $\begin{tabular}{ll} \textbf{Table 2:} Comparison of mean crevicular depth (mm) between the two groups and time intervals \\ \end{tabular}$

	Type II sum of				
Source	squares	Df	Mean square	F	Sig.
Model	16.378 ^a	5	3.276	460.551	0.000
Group	0.113	1	0.113	15.861	0.028
Time	0.501	3	0.167	23.500	0.014
Error	2.134×10^{-2}	3	7.112×10^{-3}		
Total	16.400	8			

Df = degree of freedom. ^aR squared = 0.999 (adjusted R squared = 0.997)

Table 3: Mean bone height (ratio) around implants in both groups through the follow-up periods

	Time/month			
Group	0	3	6	12
T	1.541	1.508	1.480	1.446
II	1.540	1.504	1.466	1.341

DISCUSSION

The present study was conducted to evaluate the effect of resilient liner on peri-implant structures with early loading ball and socket implant-supported overdentures among 15 completely edentulous male patients. It was observed that there was no statistically significant difference in the clinical and radiographic parameters among the two study groups.

All patients included in the study were clinically free from any systemic and blood diseases to avoid the risk of complications from bone resorption that may lead to the failure of implants and the risk of bleeding during or after surgery. The study participants belonged to the same sex and age-group to minimize confounding variables during surgery and prosthetic phase. Female individuals were excluded from the study because there is a higher risk of bone resorption due to hormonal changes. Smokers were excluded from the study because smoking has been associated with increased incidence of peri-implantitis, deep mucosal pockets around implants, and increased gingival index.

All the surgical instruments were sterilized by the autoclave, with the titanium instruments were isolated from stainless-steel instruments to avoid metal contamination of the titanium instruments that may affect osseointegration.¹⁵

The long-term success of implants depends on the patient's ability and willingness to control etiologic factors responsible for the onset and progression of peri-implantitis.¹⁶ Therefore, psychologic evaluation of the patients was conducted before the procedure. Also, proper post-insertion instructions were given to patients.

Digital image processing was used to measure the peri-implant bone changes as this method is reliable and precise. Although the bone changes were evaluated digitally, these changes were also measured in ratios to eliminate any possibility of magnification error in panoramic X-rays.¹⁷

Implant-supported overdenture offers many advantages compared with teeth overdenture or conventional dentures. These include improved retention, stability, and stable occlusion, simplicity, irretrievability, ease of follow-up, and avoidance of pre-prosthetic surgery. Moreover, implants reduce further bone resorption and minimize clinical complications. The most compelling advantage of implant-supported prosthesis is the long-term success rate (95.5% after 20 years for implants vs 80% for abutment overdenture).

Furthermore, a new accepted standard of care procedure for patients with complete mandibular edentulism was established in 2002 that offers two-implant overdentures placed interforaminally, with the possibility of immediate loading, as the primary treatment of care. However, the two-implant overdenture should not be considered the gold standard, but the minimum standard of implant therapy offered to edentulous patients. Also, the treatment plan should account for function, patient satisfaction, cost, clinical time, and patient preference. However, the standard of the procedure of the procedure

Table 4: Comparison between the two groups and time intervals as regard the mean bone height (ratio)

Source	Type II sum of squares	Df	Mean square	F	Sig.
Model	17.647 ^a	5	3.529	11,330–196	0.000
Group	6.845×10^{-4}	1	6.845×10^{-4}	2.197	0.235
Time	1.617×10^{-2}	3	5.391×10^{-3}	17.307	0.021
Error	9.345×10^{-4}	3	3.115×10^{-4}		
Total	17.648	5			

 $^{^{}a}R$ squared = 1.000 (adjusted R squared = 1.000)



In addition, for implant-supported overdentures, it has been established that the implants and prostheses success rate or patient satisfaction is independent of the number of implants or abutment type. The number of implants used to support the overdenture (two, four, and six implants) does not influence its masticatory function.^{24,25} In the present study, two or three and four implants were used in the study and the control group, respectively.

In general, implant-supported overdenture attachments can be classified as studs, magnets, and bars.¹⁸ Ball attachments are considered to be the simplest and reliable attachments for clinical application implant-supported overdentures. They are cost-effective, less technique sensitive, and easier to maintain.²⁶ The ball and socket attachment was used in the present study for its simplicity and ease of use.

In the present study, a statistically significant difference was observed between the overdentures with liners and without liner probing depth with the probing depth being higher in the study group with resilient liner. This result is in contrast to that of Elsyad and Shoukouki results. However, this difference might be due to the type of liners used in both studies. The latter used autopolymerized addition silicone-resilient liner, whereas in the present study selfcure acrylic resin was used.

It was observed that the total increase in crevicular depth in group I was higher than that in group II, while the overall decrease in mean bone height ratio in group II was higher than that in group I. This might indicate that the pockets around implants of group II were true pockets, while that of group I were pseudopockets due to mucosal inflammation.

The placement of four implants for overdenture is indicated in patients with poor posterior anatomy and soft tissue abrasion that lack retention and stability. Hence, the use of four implants is suggested to obtain greater stability and more limited posterior movement, which results in a decrease in the offset load that is transmitted to the implant.

Conclusion

Based on the results of this study, it could be concluded that

- There was no difference in the clinical and radiographic parameters between the study and the control groups;
- The number of implants plays no significant role in the success or failure of the implant-supported overdentures.

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