

Unicystic Ameloblastoma in a Young Female: A Case Report and Review of Literature

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ABSTRACT

Ameloblastoma is an archetype of a true neoplasm of odontogenic origin. Most ameloblastomas have been classically described as a multilocular cyst-like lesion of the jaw. The unicystic variant is far less frequent and has been reported in only 6% of ameloblastomas. The presented patient is an 18-year-old female, diagnosed with this distinct entity which was treated with hemimandibulectomy, followed by reconstruction.

Keywords: Ameloblastoma, Unicystic, Posterior mandible, Reconstruction.

INTRODUCTION

Odontogenic tumors encompass a broad range of benign and malignant neoplasms arising from odontogenic residues. Ameloblastoma is the commonest benign tumor, which develops from the cellular elements and dental tissues in their various phases of development.¹ It is a classic example of a true neoplasm of enamel organ type tissue that lacks the potential to undergo differentiation, and hence has aptly been defined as “unicentric, nonfunctional, intermittent in growth, anatomically benign and clinically persistent” by Robinson. The earlier term used to describe this neoplasm ‘*adamantinoma*’ has been replaced by ameloblastoma as the neoplasm is not associated with hard tissue formation. Ameloblastomas are usually first recognized between the ages of 30 and 50, being rare in children and old people.² It is generally considered to be gender neutral, although it may be slightly more common in men.³ About 80% form in the mandible; of these, 70% develop in the posterior molar region, and often involve the ramus. Lesions are symptomless until the swelling becomes obtrusive.² Although maxillary ameloblastomas are less common, they are potentially lethal, especially when the maxillary sinus is involved or tumor cells invade through bone into the soft tissue. Radiographically, ameloblastoma may cast a unilocular cyst, like radiolucency or a multilocular image with soap-bubble, honeycomb or tennis-racket pattern. In places, cortices are spared and expanded, and in other regions, they are destroyed; root resorption is a common finding.³ Ameloblastomas can broadly be classified based on the site of occurrence and radiographic features as peripheral and intraosseous. Peripheral tumors are odontogenic tumors with the histological characteristics of intraosseous ameloblastoma

that occur solely in the soft tissues covering the tooth-bearing parts of the jaws.^{4,5} Most of the intraosseous ameloblastomas being multilocular cyst-like lesions, the unicystic variant is far less frequent and has been reported in only 6% of the ameloblastomas. We present a case of large unicystic ameloblastoma in a young female.

CASE REPORT

An 18-year-old female presented to Department of Oral Medicine and Radiology, Yenepoya Dental College, Mangalore, with the complaint of painless swelling in right lower-third of the face of one month duration, which was gradually increasing in size. She had no difficulty in chewing or swallowing but complained of recurrent paresthesia in her lower lip. There was no history of fever or trauma to the facial region and neither had she performed any deleterious habits in her lifetime. On physical examination, patient was of medium build and appeared clinically normal. All vital signs were within the acceptable range on the day of presentation.

Except for mild asymmetry in the right lower region of the face, all other extraoral findings (TMJ, lymph nodes and salivary glands) were normal (Fig. 1). The swelling was hard in consistency and extended superoinferiorly from ala-tragal line to 1 cm below the lower border of the mandible; anteroposteriorly, from right commissure up to the posterior border of ramus. Skin overlying the swelling was normal in color without any dilated superficial veins. Intraorally, full complements of teeth were present for her age and none of the teeth were carious or periodontally compromised. There was no associated trismus. However, vestibular obliteration was evident at lower right



Fig. 1: Mild asymmetry in the right lower region of the face



Fig. 3: Intraoral periapical radiograph showing radiolucent lesion and root resorption



Fig. 2: Vestibular obliteration in mandibular right posterior region



Fig. 4: Occlusal radiograph showing expanded and thinned cortical plates at mandibular right posterior region

posterior region of 45, 46 and 47 with normal overlying mucosa (Fig. 2). On palpation, the swelling was firm in consistency throughout, except in some areas at the lingual aspect where there were definite depressions, probably due to loss of cortical plate. Associated teeth were nonmobile and nontender on percussion. Considering the history and clinical findings, we arrived at a differential diagnosis of either ameloblastoma or dentigerous cyst involving 48.

Vitality test revealed delayed response with 46 and 47; non-responsive with 45. FNAC of the lesion was inconclusive. A wide array of radiographs and CT scan were done to aid in the diagnosis and to determine the extensiveness of the lesion. Intraoral periapical radiograph of the region showed radiolucent lesion starting from apex of 45, extending posteriorly with root resorption in 45, 46 and 47 (Fig. 3). Occlusal radiograph revealed expanded and thinned cortical plates at mandibular right posterior aspect (Fig. 4). Orthopantomogram was taken, which showed the entire extension of the cystic lesion involving right body and ramus of the mandible (Fig. 5). An impacted tooth at the angle of mandible was seen within the lesion, which could be 48. Some areas were more radiolucent compared to



Fig. 5: Orthopantomogram showing the entire cystic lesion, involving 48 in right body and ramus of the mandible

adjacent, which confirmed the clinical finding of loss of cortical plate. CT scan demonstrated expansile cystic lesion involving body and ramus of the mandible with thinning and loss of cortices (Figs 6 and 7).

Patient was taken up for surgery under general anesthesia. Hemimandibulectomy was performed from the region of 44, retaining the condyle (Fig. 8). The excised specimen had histopathologic features consistent with unilocular ameloblastoma (Fig. 9). Reconstruction was done using rib graft

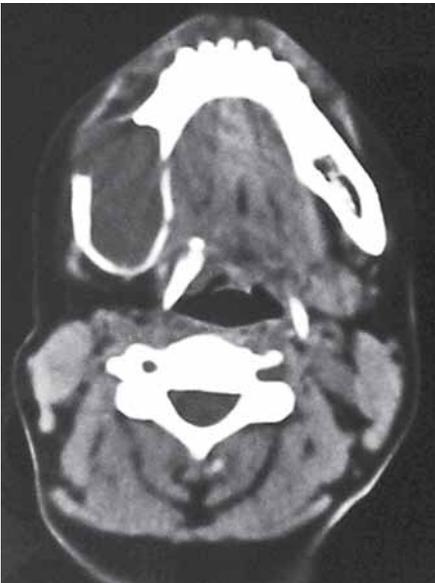


Fig. 6: Axial CT image showing cystic lesion in right mandible with thinning and loss of cortices



Fig. 9: Resected specimen



Fig. 7: Coronal CT image showing expansile cystic lesion at the level of ramus



Fig. 10: Rib graft being taken out for reconstruction

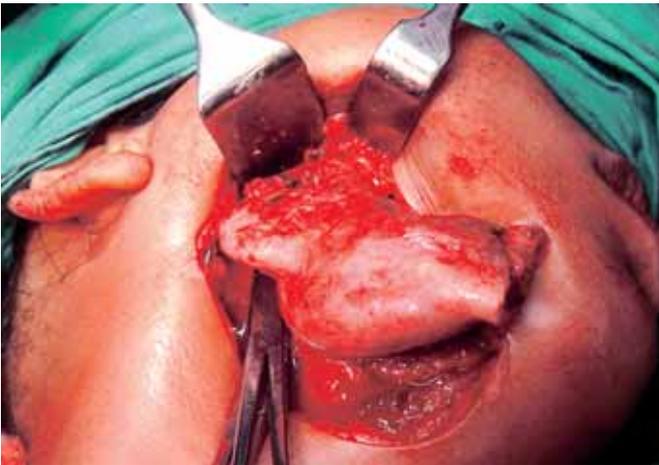


Fig. 8: Hemimandibulectomy being performed

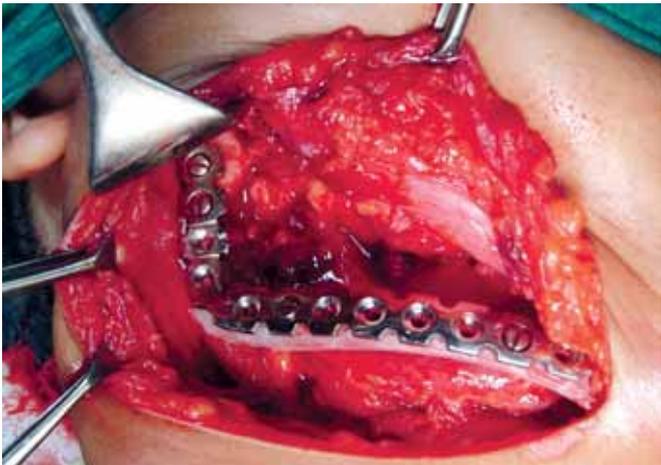


Fig. 11: Rib graft fitted to bone plate is fixed to condyle and body for reconstruction



Fig. 12: Postsurgical orthopantomogram showing bone plate fixed in resected area



Fig. 13: Photograph after one week of surgery showing well-maintained facial symmetry

fitted to the stainless steel bone plate (Figs 10 to 12). Facial symmetry was well maintained postsurgically (Fig. 13). One year systematic follow-up did not reveal any recurrence.

DISCUSSION

Unicystic ameloblastoma (UA) is a distinct entity. It refers to those cystic lesions that show clinical, radiographic or gross features of a mandibular cyst, but on histologic examination shows a typical ameloblastomatous epithelium lining part of the cyst cavity, with or without luminal and/or mural tumor growth.⁴ Robinson and Martinez were the first persons to describe UA in 1977.^{6,7} It is most commonly seen in individuals who are 16 to 20 years of age. Occasionally, lesions occur in younger patients; rarely, they have been found in patients up to the age of 40.⁸ About 90% of the lesions are located in the mandible and between 50 to 80% of these cases are associated with an impacted tooth.^{9,10} As seen in the present case, mandibular third molars are most commonly implicated with UA. Facial asymmetry due to swelling is the regular presenting feature which infrequently relates with pain.⁴

The radiographic appearance is important in the diagnosis; as it determines whether the lesion is unilocular, a necessary criterion for unicystic ameloblastoma. Lesions are usually well demarcated and may even be corticated. Most of these cystic

tumors enclose the crown of a tooth and mimic dentigerous cyst radiographically. When UA is located in premolar area, the roots of the adjacent teeth may be displaced.⁸

General histological features of UA consist of a dense, uniformly thickened, fibrous connective tissue capsule, surrounding a solitary, large, and fluid-filled lumen. The epithelial lining of the lumen is uniform in thickness and has a slightly hyperchromatic layer of palisaded basal cell, most of which exhibit reverse polarization of the nucleus. The remaining layers resemble stellate reticulum. However, three distinct histopathologic groups of UA have been documented in the literature. If lesions contain areas in which the epithelium is thickened with papillary projections extending into the lumen, it is said to be intraluminal UA. When the thickened lining penetrates the adjacent capsular tissue, it is termed mural UA. The third variety, plexiform UA consists of intraluminal nodular projections that contain a network or mesh pattern of epithelium without the distinctive ameloblast-like changes of the basal cell layer.^{4,8}

Different types of treatment options have been proposed for the management of ameloblastoma, ranging from curettage to a combination of surgery and radiation therapy. However, curettage is the least desirable of all methods due to its association with a high recurrence rate, and radiation therapy is usually not warranted as the lesion is radioresistant. Diagnosis of UA plays a pivotal role in planning the treatment for a patient. This is owed to the fact that the recurrence rate of this lesion is distinctly lower indicating a less aggressive nature of this variant compared to the characteristic ameloblastoma.¹¹ Thus, the overall prognosis for UA is considerably better than the other variants.¹² In our particular case, treatment was planned based on the patient's age, extensiveness of the lesion, site of occurrence and the esthetic concerns thereafter. The challenge in the management of large ameloblastoma of the mandible is not only to excise the tumor completely but also to offer the best reconstruction method to regain facial symmetry. Considering the fact that the presented patient was a young female, esthetic concern of the patient played a major part in the treatment plan. Following hemimandibulectomy, acceptable facial form was restored using rib grafting plated to the resected site. Literature suggests that even UA are associated with 10% recurrences,⁸ and hence require a systematic follow-up. The presented patient was, abiding to the protocol, followed up for a period of one year during which no complications or signs of recurrence were observed.

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